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Cabled Beret

with
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designed by Darlene Dale

TECHNIQUE USED: Knit



INTERMEDIATE

SIZE

Woman's medium

Note: Larger/smaller size may be obtained by using larger/smaller needle size, or by working more/fewer Seed sts between Cables.

FINISHED SIZE

To fit 21 – 22" (53.5-56cm) head circumference

MATERIALS

Caron International's Simply Soft (100% acrylic): 5 oz

Shown in: #9611 Rose Violet

One circular size 8 (5 mm) needle, 20"/50 cm long, or size needed for gauge

One circular size 6 (4 mm) needle, 16"/40 cm long for ribbing

One set size 8 (5 mm) double point needles (dpn)

Seven markers; one should be a different color to mark beginning of round.

Cable needle (cn)

Yarn needle

Row counter (optional)

GAUGE

In 1 x 1 rib, 22 sts and 24 rows = 4"/10 cm, using smaller needles,

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unstretched

In Cable and Seed st, 26 sts and 24 rows = 4"/10 cm, using larger needles

ABBREVIATIONS

C6F: Slip 3 sts to cn, hold to front, k3, k3 from cn.

SPECIAL TECHNIQUES

I-Cord: Using a double pointed needle, cast on, the number of sts indicated in instructions; DO NOT TURN. * Slide sts to the opposite end of the needle and knit them, pulling yarn *firmly* behind sts; repeat from * to desired length. After a few rows, you will see that you are knitting a tiny tube; give it a gentle tug now and then to adjust any loose sts. Bind off all sts, leaving a 12" tail for finishing.

STITCHES USED

Stockinette stitch (St st): Knit every round.

1 x 1 Rib (multiple of 2 sts)

Round 1: * K1, p1; repeat from * around.

Round 2: Knit the knit sts and purl the purl sts as they face you.

Repeat Round 2 for 1 x 1 rib.

Seed Stitch (multiple of 2 sts + 1)

Round 1: K1, * p1, k1; repeat from * for number of sts indicated.

Round 2: Knit the purl sts and purl the knit sts as they face you.

Repeat Round 2 for Seed st.

Cable (panel of 10 sts)

Rounds 1, 2, 4, and 5: P2, k6, p2.

Round 3: P2, C6F, p2.

Round 6: Repeat Round 1.

Repeat Rounds 1 – 6 for Cable.

NOTE

Change to double pointed needles, as necessary while shaping Beret.

HELPFUL

Place markers between 20-st pattern repeats.

BERET

Using smaller circular needle, loosely cast on 92 sts. Join, being careful not to twist the sts; place a marker (pm) for beginning of round.

Begin 1 x 1 rib; work even until piece measures 1" from beginning.

Change to larger circular needle and St st.

Round 1: Knit 1 round, inc 1 st in every other st—138 sts.

Round 2: Knit, increasing 2 sts evenly around, and AT THE SAME TIME, pm after each group of 20 sts—140 sts; 7 sections of 20 sts each.

Establish Pattern

* Work Round 1 of Seed st across 5 sts; Round 1 of Cable panel across

10 sts; Round 1 of Seed st across 5 sts; repeat from * for each 20-st section around.

Continue as established, repeating Round 2 of Seed st and Rounds 1 – 6 of Cable panel until piece measures 5" from beginning, end with an even numbered round.

Shape Crown

Continuing pattern as established, dec 14 sts (1 each side of each section), every other round as follows:

Round 1: * K2tog, work in pattern to 2 sts before next marker, k2tog, slip marker; repeat from * around—126 sts remain after Round 1.

Round 2: Work even in pattern.

Changing to dpn when too few sts to work comfortably on circular needle, repeat Rounds 1 and 2 until 14 sts remain; 2 sts remain in each section.

Fasten off, leaving a 12" tail.

Thread tail through yarn needle and draw tail through remaining sts; pull snugly to close top of Beret.

Fasten off securely on WS.

FINISHING

Block Beret to shape and size.

Note: A 10" plate works great for blocking.

I-Cord for Crown

Following instructions for I-Cord, cast on 4 sts.

Work even until piece measures 1 1/2" from beginning.

Fasten off, leaving tail for attaching.

Using yarn needle, weave in ends. Secure I-Cord to top of Crown.

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